

## The GHRA's Human Resources & Education Committee presents "Emotional Survival Tools for Challenging Times"

Thursday October 8, 2020 10:00 am - 11:30 am

**Toshie** Ito MOTIVA TRAINING

- The majority of us are dealing with the unknowns and new norms being set throughout the current COVID-19 pandemic. The virus has proven to be highly contagious and provoking negative emotions such as fear, anxiety, frustration, and confusion. In light of it all, the virus has equally inspired a contagious positive atmosphere of kindness, generosity, caring, encouragement and creative ideas.
- Managers' and Employees' beliefs and emotions can positively or negatively influence the work environment. This, in turn, affects customer service quality and client loyalty. When you reopen, or have already reopened your business, it is important to create and sustain positivity in your workplace during these challenging times.
- During this seminar, useful ideas for emotional survival and true positive and negative workplace examples will be introduced.

DEADLINE TO REGISTER: Monday, October 5th, 2020

REGISTER via ZOOM Scan QR Code



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## Webinar By GHRA (Complimentary)

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